TESTING AND HIRING PROCEDURES FOR NORMAN FIREFIGHTER RECRUIT

APPLICANTS MUST MEET THE FOLLOWING MINIMUM QUALIFICATIONS:

- 1. Must be 18 years of age and must not be over 45 years of age unless prior member of the Oklahoma Firefighter Pension and Retirement System.
- 2. Proof of completion of High School or GED must be included with your application.
- 3. Must have EMT Certification by October 16, 2020.
- 4. No felony convictions.
- 5. Valid driver's license (out-of-state applicants must have ability to obtain Oklahoma Driver's License).
- 6. Good driving record.
- 7. Ability to perform essential duties of a Firefighter Recruit.

TESTING AND HIRING PROCEDURES:

Step 1 WRITTEN TEST

The National Firefighter Selection Inventory Exam assesses the following: mechanical comprehension; reading comprehension; mechanical aptitude; manipulative ability; and problem solving skills. Only applicants with a score of 70% or above may be selected to proceed to the physical agility test.

Step 2 PHYSICAL AGILITY TEST

You will be required to demonstrate your ability to perform seven (7) fire department work-related tasks. Each task must be satisfactorily completed within a specified time.

The physical agility test consists of the following:

- 1. Cardio Respiratory Fitness
- 2. Balance Test Dynamic Equilibrium
- 3. Hip Flexibility
- 4. Pull-ups
- 5. Sit-ups
- 6. Push-ups
- 7. Weight Carry

Step 3 ORAL INTERVIEW

- **Step 4 CHIEF'S INTERVIEW**
- Step 5 BACKGROUND INVESTIGATION AND REFERENCE CHECKS
- Step 6 CONDITIONAL OFFER TO SELECTED CANDIDATES
- **Step 7 MEDICAL EXAMINATION**
- **Step 8 OFFICIAL NOTIFICATION TO SELECTED CANDIDATES**
- **Step 9 ORIENTATION**

Step 10 NFD ACADEMY BEGINS (TENTATIVE STARTING DATE IS March 22,2021

(NOTE: Any of the above steps are subject to change.)